

## **MARCH 2021**

"A healthy outside starts from the inside." By Paddy, grade 8 From Good Shepherd School

## **Nutritional Development Services**

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
234 Chicken Tenders with Potato Wedges 520 Salsa 749 Apple-Cherry Juice 941 Tostitos Scoops	275 BBQ Chicken Filet 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 684 Mixed Berry Applesauce 915 Hamburger Bun	253 Hot Dog with French Fries 603 Maple Baked Beans 658 Cherry Craisins 906 Hot Dog Bun	<ul> <li>286 Meatloaf with Gravy</li> <li>610 Mashed Potatoes</li> <li>630 Dragon Punch Vegetable Juice</li> <li>694 Kiwi Strawberry Sidekick</li> <li>903 Maple Biscuit</li> </ul>	203 Macaroni & Cheese 623 Broccoli 632 Wango Mango Vegetable Juice 609 Dole Mixed Fruit Cup 901 Honey Biscuit
NO SCHOOL 8	<ul> <li>215 Beef &amp; Cheese Taco</li> <li>639 Corn</li> <li>631 Cherry Star Vegetable Juice</li> <li>691 Strawberry Apple Crisps</li> </ul>	292 Penne Pasta with Meat Sauce 752 Fruit Punch Juice 903 Maple Biscuit	205 Popcorn Chicken 603 Maple Baked Beans 630 Dragon Punch Vegetable Juice 659 Watermelon Craisins 928 Goldfish Pretzels	264 4x6" Cheese Pizza 634 Hash Browns 694 Kiwi Strawberry Sidekick 932 Cinnamon Scooby Snach
253 Hot Dog with French Fries 503 Maple Baked Beans 752 Fruit Punch Juice 506 Hot Dog Bun	200 Hamburger 639 Corn 630 Dragon Punch Vegetable Juice 695 Strawberry-Mango Sidekick 915 Hamburger Bun	211 Sloppy Joe 610 Mashed Potatoes 609 Dole Mixed Fruit Cup 915 Hamburger Bun	269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 623 Broccoli 749 Apple-Cherry Juice 992 Oatmeal Cookie	255 Cheese Stuffed Breadstick 622 Marinara Sauce 631 Cherry Star Vegetable Juice 658 Cherry Craisins
74 Curly Cheesy Lasagna 84 Mixed Berry Applesauce 08 Dinner Roll	205 Popcorn Chicken 704 French Fries 750 Apple Juice 929 Cinnamon Elf Grahams	210 Crispy Chicken Filet 24 603 Maple Baked Beans 633 Sunset Sip Vegetable Juice 608 Dole Tropical Fruit Cup 915 Hamburger Bun	289 Pancakes with Sausage 634 Hash Browns 630 Dragon Punch Vegetable Juice 659 Watermelon Craisins	263 5" Round Cheese Pizza 623 Broccoli 752 Fruit Punch Juice 932 Cinnamon Scooby Snac
94 Meatballs with Sauce 29 24 Garlic Green Beans 09 Dole Mixed Fruit Cup 06 Hot Dog Bun	253 Hot Dog with French Fries 603 Maple Baked Beans 691 Strawberry Apple Crisps 906 Hot Dog Bun	203 Macaroni & Cheese 31 623 Broccoli 632 Wango Mango Vegetable Juice 658 Cherry Craisins	NO SCHOOL 1	NO SCHOOL

will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the formation please call (215) 895-3470 during normal business hours.